## **Quest Food Management**

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Recipe Sizing Report

Jul 25, 2014

001952 - breakfast-cinnamon roll large : nslp	Components	Attributes
HACCP Process: #2 Same Day Service	Meat/Alt:	
Number of Portions: 50	Grains: 1 oz	
ize of Portion: each	Fruit:	
	Vegetable:	
	Milk:	

Ingredients	Measures	Instructions	
903250 bread cinnamon roll dough richs gfs 2221	50 each=1 g/b		

\*Nutrients are based upon 1 Portion Size (each)

Calories	170 kcal	Cholesterol	5	ma	Drotoin .		_		10.00			
			3	mg	Protein	4.00	g	Calcium	10.00	mg	21.18%	Calories from Total Fat
Total Fat	4.00 g	Sodium	180	mg	Vitamin A	80.0	RE	Iron	1.44	mg		Calories from Saturated Fat
Saturated Fat	1.00 g	Carbohydrates	31.00	g	Vitamin A	400.0	IU	Water <sup>1</sup>	0.00	a		Calories from Trans Fat
Trans Fat¹	0.00 g	Dietary Fiber	1.00	g	Vitamin C		mg	Ash¹	0.00	a		Calories from Carbohydrates
tNI/A* danatas au										-		Calories from Protein

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1 -</sup> denotes optional nutrient values